

Revision Sheet 3 Years 9-10 Food Word Definitions

Write a definition in Column B for the word or phrase in Column A

<u>Column A</u>		<u>Column B</u>	
1.	RESPONSIBILITY	1.	_____
2.	DEFICIENCIES	2.	_____
3.	MILKSHAKES	3.	_____
4.	NUTRITION	4.	_____
5.	VEGETABLE	5.	_____
6.	ESSENTIAL	6.	_____
7.	BISCUITS	7.	_____
8.	BACTERIA	8.	_____
9.	CALCIUM	9.	_____
10.	CEREALS	10.	_____
11.	YOGHURT	11.	_____
12.	VITAMIN	12.	_____
13.	LABELS	13.	_____
14.	ENERGY	14.	_____
15.	ENAMEL	15.	_____
16.	PULSES	16.	_____
17.	FRUIT	17.	_____
18.	BREAD	18.	_____
19.	THREE	19.	_____
20.	FOOD	20.	_____

Column A

Column B

21. MEAT

22. MILK

23. FISH

24. NAAN

25. ACID

26. SOY

21. _____

22. _____

23. _____

24. _____

25. _____

26. _____

Sheet 3 Years 9-10 Food Word Definitions ...

Column A

1. RESPONSIBILITY
2. DEFICIENCIES
3. MILKSHAKES
4. NUTRITION
5. VEGETABLE
6. ESSENTIAL
7. BISCUITS
8. BACTERIA
9. CALCIUM
10. CEREALS
11. YOGHURT
12. VITAMIN
13. LABELS
14. ENERGY
15. ENAMEL
16. PULSES
17. FRUIT
18. BREAD
19. THREE
20. FOOD
21. MEAT
22. MILK
23. FISH
24. NAAN
25. ACID
26. SOY

Column B

- Your health is your _____.
- a lack of
- a frothy, flavoured milk drink; some may contain too much sugar
- the process of providing or obtaining food for health and growth
- One of the major food groups. You should eat five serves a day.
- Fibre is an _____ part of a healthy eating program.
- These are treats and should only be eaten occasionally. They were once cooked twice (this is a spelling hint).
- plural of bacterium
- This salt is essential for strong bones and teeth (shells, too)
- a major food group
- a semi-solid sourish food prepared by fermenting milk by adding bacteria
- _____ are essential for normal growth and nutrition
- _____ contain nutritional information as well as brand, logo and contents.
- the strength and vitality which we need for mental and physical activity; comes from food
- the hard glossy substance that covers the crown of a tooth; sugary drinks cause it to decay
- Another name for legumes.
- An ajor food group which is grown in orchards.
- This food comes in loaves and rolls.
- How many serves of dairy should you have eat day?
- an nutritious substance that people or humans eat or plants absorb in order to to maintain life and growth
- the flesh of animals; one of the food groups
- this liquid comes from a cow and contains calcium
- food found in the sea
- Indian bread
- provides the tangy taste to fruits; citric _____
- This is a bean you can drink!