

Revision Sheet 2 Years 9-10 Food Word Match

Find the word or phrase from Column B that best matches the word in Column A

Column A

1. ___ RESPONSIBILITY
2. ___ DEFICIENCIES
3. ___ MILKSHAKES
4. ___ NUTRITION
5. ___ VEGETABLE
6. ___ ESSENTIAL
7. ___ BISCUITS

8. ___ BACTERIA
9. ___ CALCIUM
10. ___ CEREALS
11. ___ YOGHURT
12. ___ VITAMIN
13. ___ LABELS
14. ___ ENERGY
15. ___ ENAMEL
16. ___ PULSES
17. ___ FRUIT
18. ___ BREAD
19. ___ THREE
20. ___ FOOD

21. ___ MEAT

22. ___ MILK
23. ___ FISH

24. ___ NAAN

25. ___ ACID
26. ___ SOY

Column B

1. Another name for legumes.
2. Indian bread
3. a lack of
4. this liquid comes from a cow and contains calcium
5. One of the major food groups. You should eat five serves a day.
6. a frothy, flavoured milk drink; some may contain too much sugar
7. an nutritious substance that people or humans eat or plants absorb in order to to maintain life and growth

8. _____ are essential for normal growth and nutrition
9. This is a bean you can drink!
10. plural of bacterium
11. This salt is essential for strong bones and teeth (shells, too)
12. A major food group which is grown in orchards.
13. a major food group
14. Your health is your _____.
15. How many serves of dairy should you have eat day?
16. Fibre is an _____ part of a healthy eating program.
17. a semi-solid sourish food prepared by fermenting milk by adding bacteria
18. This food comes in loaves and rolls.
19. the process of providing or obtaining food for health and growth
20. the strength and vitality which we need for mental and physical activity; comes from food

21. These are treats and should only be eaten occasionally. They were once cooked twice (this is a spelling hint).

22. the flesh of animals; one of the food groups
23. the hard glossy substance that covers the crown of a tooth; sugary drinks cause it to decay

24. _____ contain nutritional information as well as brand, logo and contents.

25. food found in the sea
26. provides the tangy taste to fruits; citric _____

Sheet 2 Years 9-10 Food Word Match

Column A

(14) - RESPONSIBILITY

- (3) - DEFICIENCIES
- (6) - MILKSHAKES
- (19) - NUTRITION
- (5) - VEGETABLE
- (16) - ESSENTIAL
- (21) - BISCUITS

- (10) - BACTERIA
- (11) - CALCIUM
- (13) - CEREALS
- (17) - YOGHURT
- (8) - VITAMIN
- (24) - LABELS

- (20) - ENERGY

- (23) - ENAMEL

- (1) - PULSES
- (12) - FRUIT
- (18) - BREAD
- (15) - THREE
- (7) - FOOD

- (22) - MEAT
- (4) - MILK
- (25) - FISH
- (2) - NAAN
- (26) - ACID
- (9) - SOY

Column B

- Your health is your _____.
- a lack of
- a frothy, flavoured milk drink; some may contain too much sugar
- the process of providing or obtaining food for health and growth
- One of the major food groups. You should eat five serves a day.
- Fibre is an _____ part of a healthy eating program.
- These are treats and should only be eaten occasionally. They were once cooked twice (this is a spelling hint).
- plural of bacterium
- This salt is essential for strong bones and teeth (shells, too)
- a major food group
- a semi-solid sourish food prepared by fermenting milk by adding bacteria
- _____ are essential for normal growth and nutrition
- _____ contain nutritional information as well as brand, logo and contents.
- the strength and vitality which we need for mental and physical activity; comes from food
- the hard glossy substance that covers the crown of a tooth; sugary drinks cause it to decay
- Another name for legumes.
- A major food group which is grown in orchards.
- This food comes in loaves and rolls.
- How many serves of dairy should you have eat day?
- an nutritious substance that people or humans eat or plants absorb in order to to maintain life and growth
- the flesh of animals; one of the food groups
- this liquid comes from a cow and contains calcium
- food found in the sea
- Indian bread
- provides the tangy taste to fruits; citric ____
- This is a bean you can drink!