

## Revision Sheet 2 Years 6-8 Food Word Match

Find the word or phrase from Column B that best matches the word in Column A

### Column A

1. \_\_\_ RESPONSIBILITY
2. \_\_\_ DEFICIENCIES
3. \_\_\_ MILKSHAKES
4. \_\_\_ NUTRITION
5. \_\_\_ VEGETABLE
6. \_\_\_ ESSENTIAL
7. \_\_\_ BISCUITS
8. \_\_\_ BACTERIA
9. \_\_\_ CALCIUM
10. \_\_\_ CEREALS
11. \_\_\_ YOGHURT
12. \_\_\_ VITAMIN
13. \_\_\_ LABELS
14. \_\_\_ ENERGY
15. \_\_\_ ENAMEL
16. \_\_\_ PULSES
17. \_\_\_ FRUIT
18. \_\_\_ BREAD
19. \_\_\_ THREE
20. \_\_\_ FOOD
21. \_\_\_ MEAT
22. \_\_\_ MILK
23. \_\_\_ FISH
24. \_\_\_ NAAN
25. \_\_\_ ACID
26. \_\_\_ SOY

### Column B

1. This salt is essential for strong bones and teeth (shells, too)
2. These are treats and should only be eaten occasionally. They were once cooked twice (this is a spelling hint).
3. the process of providing or obtaining food for health and growth
4. One of the major food groups. You should eat five serves a day.
5. A major food group which is grown in orchards.
6. Fibre is an \_\_\_\_\_ part of a healthy eating program.
7. a lack of
8. Indian bread
9. Your health is your \_\_\_\_\_.
10. plural of bacterium
11. How many serves of dairy should you have eat day?
12. the strength and vitality which we need for mental and physical activity; comes from food
13. Another name for legumes.
14. an nutritious substance that people or humans eat or plants absorb in order to to maintain life and growth
15. a semi-solid sourish food prepared by fermenting milk by adding bacteria
16. provides the tangy taste to fruits; citric \_\_\_\_
17. food found in the sea
18. a major food group
19. \_\_\_\_\_ are essential for normal growth and nutrition
20. a frothy, flavoured milk drink; some may contain too much sugar
21. This is a bean you can drink!
22. the flesh of animals; one of the food groups
23. this liquid comes from a cow and contains calcium
24. \_\_\_\_\_ contain nutritional information as well as brand, logo and contents.
25. This food comes in loaves and rolls.
26. the hard glossy substance that covers the crown of a tooth; sugary drinks cause it to decay

# Sheet 2 Years 6-8 Food Word Match

## Column A

- (9) - RESPONSIBILITY
- (7) - DEFICIENCIES
- (20) - MILKSHAKES
- (3) - NUTRITION
- (4) - VEGETABLE
- (6) - ESSENTIAL
  
- (2) - BISCUITS
  
- (10) - BACTERIA
- (1) - CALCIUM
- (18) - CEREALS
- (15) - YOGHURT
  
- (19) - VITAMIN
  
- (24) - LABELS
  
- (12) - ENERGY
  
- (26) - ENAMEL
  
- (13) - PULSES
- (5) - FRUIT
- (25) - BREAD
- (11) - THREE
- (14) - FOOD
  
- (22) - MEAT
- (23) - MILK
- (17) - FISH
- (8) - NAAN
- (16) - ACID
- (21) - SOY

## Column B

- Your health is your \_\_\_\_\_.
- a lack of
- a frothy, flavoured milk drink; some may contain too much sugar
- the process of providing or obtaining food for health and growth
- One of the major food groups. You should eat five serves a day.
- Fibre is an \_\_\_\_\_ part of a healthy eating program.
- These are treats and should only be eaten occasionally. They were once cooked twice (this is a spelling hint).
- plural of bacterium
- This salt is essential for strong bones and teeth (shells, too)
- a major food group
- a semi-solid sourish food prepared by fermenting milk by adding bacteria
- \_\_\_\_\_ are essential for normal growth and nutrition
- \_\_\_\_\_ contain nutritional information as well as brand, logo and contents.
- the strength and vitality which we need for mental and physical activity; comes from food
- the hard glossy substance that covers the crown of a tooth; sugary drinks cause it to decay
- Another name for legumes.
- A major food group which is grown in orchards.
- This food comes in loaves and rolls.
- How many serves of dairy should you have eat day?
- an nutritious substance that people or humans eat or plants absorb in order to to maintain life and growth
- the flesh of animals; one of the food groups
- this liquid comes from a cow and contains calcium
- food found in the sea
- Indian bread
- provides the tangy taste to fruits; citric \_\_\_\_\_
- This is a bean you can drink!