

Poems and songs related to teeth

I Know How to Brush My Teeth

I know how to brush my teeth
I brush on top and underneath
Down like a plane
Up like a rocket
Brushing down, brushing up
For teeth with a lovely gloss
Every day I must floss

(Author Unknown)

Got My Toothpaste, Got My Brush

Got my toothpaste, got my brush,
I won't hurry, I won't rush.
Making sure my teeth are clean,
Front and back and in between.
When I brush for quite a while,
I will have a happy smile!

(Author Unknown)

Song: The Dentist Says

(Tune: Row, Row, Row Your Boat)

The dentist says please brush your teeth
to have a healthy smile.

Up and down and up and down
Brush them twice a day.

The dentist says please floss your teeth
to have a healthy smile.

In between and back and forth
Floss them once a day.

The dentist says please eat good food
to have a healthy smile.

Carrots, apples, and crunchy food
clean your teeth all day.

(Author Unknown)